

## 2019 NPA Competition II : Results

Below are 13 Cases of the NPA personality test where the subjects have submitted their diagnoses and comments. Each Case consists of two or more subjects for which the results of the NPA personality test are nearly identical.

The objective of the competition is to deduce what were the *actual NPA personality types* of the subjects in each Case based on the information given. Each Case corresponds to a single specific NPA type. This is slightly different from the last competition, where you were asked to deduce what the *test results* would be for each of the Cases.

For this Competition, the possible choices are given in the list of 11 below. All of the choices are used at least once.

### **Dominant types (S score <40)**

- N sanguine
- NP sanguine perfectionist
- NA sanguine aggressive
- NPA sanguine perfectionist aggressive
- PA non-sanguine perfectionist aggressive
- A non-sanguine aggressive

### **Passive Aggressive types**

- NPA- or NPA= sanguine perfectionist (S score >40)
- NA- or NA= sanguine non-perfectionist (S score >40)

### **Resigned and Borderline/detached types**

- N-A sanguine non-perfectionist (former NA or NA- type), *or* -N (former N type)
- PA- or PA= non-sanguine perfectionist (S score >40)
- A non-sanguine non-perfectionist (former A type)

This time the NPA- and NPA=, as well as the NA- and NA=, categories are combined. For example, a particular Case can comprise a mix of NPA- and NPA= tests where the various S scores can be anywhere in the range of 40 to 100. The correct answer for that Case would be “NPA- or NPA= type”, or “NPA-/=”.

Individuals undergoing a life change after maturity are denoted by a “- sign” before either N or A.

For example, in a Resigned type, N-A would indicate, impaired expression of trait A having an onset after maturity.

Borderline/detached types have only one of the components, N or A, and even that component is inhibited, by either genetics or environment.

For example, in a Borderline/detached type, -N would indicate, impaired expression of trait N having an onset after maturity in an individual who was a former N type in adolescence.

The NPA dominant type is aka the “NPA+ type” for clarity.

Bonne chance!

Case #1	diagnosis	gender	age	Comment
1a	ADD	female	under 21	<p>“The test was accurate in quite a few ways. I can be a narcissistic person, I'm constantly worried about my appearance and what people think of me. It actually causes quite a bit of anxiety for me, but I'm moving past that. As you can and will see, I also talk about myself a lot without realizing it. I'm moderate when it comes to submissiveness, extroversion, and aggression. I do not, however, see myself as an aggressive person. If I am pushed, I react, (as you will see in my score for reactivity) but I do not go out of my way to attack or harm someone in any way. I think this test would've been more accurate if there were more questions that pertain to maternal/paternal instincts, like caring for others. I also think it would benefit to have a question or two that ask if the test taker ever notices any personality "changes" when they go into different social situations (ie, do they display an almost completely different personality when around friends vs. coworkers, etc).”</p>
1b	depression, on medication	female	41-50	<p>“trying to figure out a pattern of behavior our family has which is seemingly a fight or flight reaction, kindof an attacking rage unchecked, some in my family have bipolar, schizophrenia, but this feeling of obsessing over a situation, depression, passivity, seems to be genetic, my mother would rage and caused me to have massive anxiety, passivity, low self esteem, and she could also have my back, which showed me that that behavior got things done. I really have had a tough time, and that behavior more than any other I have a hard time dealing with.”</p>
1c	(French version) OCD	female	21-30 years old	<p>« Je crois vraiment être extrêmement narcissique mais personne ne le sait à part moi, je le cache énormément (m'invente de faux complexes ou exagère mes défauts...). On dit toujours que je suis trop gentille et je n'embête pratiquement JAMAIS personne. Très discrète en général. Oui, merci c'est un super test! Je ne pensais pas être soumise à ce point, c'est ma grande anxiété et ma dépression qui ont fait monter "S" à ce point! Autrement je dois dire qu'en plus de n'être presque JAMAIS agressive je me reconnais à 100% dans le perfectionnisme contrairement à ce que déclarent ces résultats... »</p> <p>“I really think I'm extremely narcissistic but nobody knows it except me, I hide it a lot (I invent fake complexes or exaggerate my faults ...). People always say that I am too nice and I NEVER bother anyone. Very discreet in general. Yes, thank you it's a great test! I did not think myself of being submissive to this degree, it is my great anxiety and depression that made the "S" score rise so high! Otherwise I must say that in addition to being almost NEVER aggressive I recognize myself 100% in perfectionism contrary to what these results declare ...”</p>
1d	(French version) thyroid disorder	male	21-30	<p>« J'ai énormément de mal à dire non, que ce soit au travail comme avec la famille, ou amis, je préfère ne pas répondre au téléphone, ou sortir discrètement pour ne pas à avoir à dire non. Dans mon enfance à partir de l'age de 11 ans j'avais extrêmement peur de mon père, j'ai u des périodes ou je ne pensé qu'à lui de peur. J'ai u une aventure à l'age de 18 ans avec une fille qui s'est mal passée, elle était très amoureuse de moi, et moi aussi j'étais très amoureux, mais elle était très jalouse, elle m'as trahis, je ne l'ai pas accepté et nous nous sommes séparés mais je suis resté très très amoureux d'elle, pendant des années je n'arrivais pas à l'oublier je culpabilisé en me disant que c'était ma faute et que je l'ai faite souffrir en la quittant puisqu'elle en à pleuré et souffert énormément... Des années plus tard nous nous sommes remis ensemble nous avons vécu ensemble 2 ans, et ça été la pire relation de ma vie, je la regrette plus que tout, Elle m'a mangé de l'interieur ... »</p> <p>“I have a lot of trouble saying no, whether at work, with family, or friends, I prefer not to answer the phone, or leave quietly so as not to have to say no. In my childhood from the age of 11 I was extremely afraid of my father, I had periods where I could think of him only in fear. I had an adventure at the age of 18 years with a girl which went very badly, she was very much in love with me, and I too was very in love, but she was very jealous, she betrayed me, I did not tolerate this and we went our separate ways but I remained very very much in love with her, for years I could not forget her I feel guilty by telling myself that it was my fault and that I made her suffer by leaving her because she wept and suffered a lot ... Years later we got back together we lived together 2 years, and it was the worst relationship of my life, I regret it more than anything, She devoured me from the within ... ”</p>

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**Diagnosis: NA– or NA= type**

Everyone agreed on this one.

All 4 tests below show NA type with elevated S score (range 47 to 95), moderate to high T score, low F score (<50), low A score and very high N score (94 to 96).

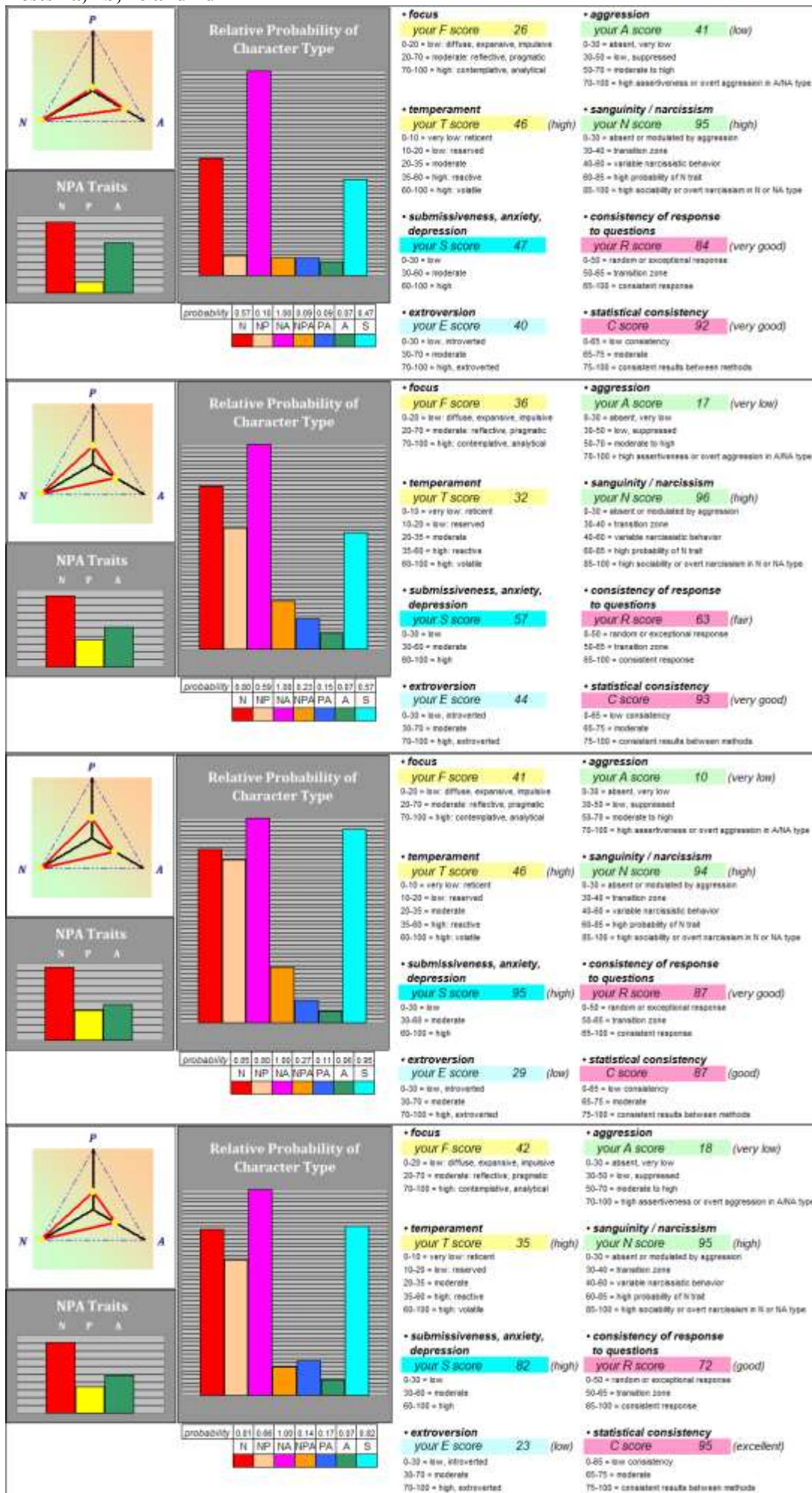
On the NPA test, the NA– and NA= types are differentiated from the NPA– and NPA= types mainly by their lower F scores and higher N scores.

Regarding subjects 1a and 1c, individuals giving the diagnoses of ADD and OCD (not OCPD -- obsessive-compulsive personality disorder) commonly have NPA test results of NA– or =.

In Comment 1c, the remark that “People always say that I am too nice...” is a common “compliment” directed to individuals with the A–/= trait. Also, the remark “I recognize myself 100% in perfectionism...” is once more a reminder that individuals not having the P trait nevertheless can take great pride in living a life of “perfectionism”.

Regarding Comment 1d, having difficulty saying “no” to people is another common finding in individuals having the A–/= trait.

# Tests 1a, 1b, 1c and 1d



## Case #2

**2a** -- female 51-60 “I am learning not to suffer in silence and that tolerance is not always a positive thing. there are things we should perhaps get more aggressive about. so in other words, my aggression level may be low however i don't think it is suppressed, i do think it should be allowed to grow though. I also believe that i am learning at this late date to believe a little more in my self and in my accomplishments.”

**2b** (French version) -- female 31-40 « *Dyscalculie (diagnostiqué) - Je suis l'enfant d'une mère controlante - J'ai été victime d'harcèlement moral au travail à plusieurs reprises qui ont terminé par congédiement - Je consulte présentement pour des problèmes relié au stress et difficultés à m'entendre avec certains types de personnalités "difficiles" »*

"Dyscalculia [math dyslexia] (diagnosed) - I am the child of a controlling mother - I have been a victim of workplace bullying on several occasions that have ended up in dismissal - I am currently being seen for problems related to stress and difficulties in dealing with certain types of "difficult" personalities”

**2c** -- male under 21 “This is an interesting theory, and I do see several parallels between the [NP] type and my own personality (especially in regards to the melancholic nature and the dreary workaholism). However, I wouldn't be surprised if I had some remnant of the trait of aggression and was in fact an [NPA-] type. As far as medical conditions, I have asthma, trichotillomania, and a mild case of OCD [obsessive-compulsive disorder].”

**2d** (Location: Quebec, Canada) autistic child, parent of male 31-40  
“I had to resubmit the test once I had the chance to look at the french version. regards,  
\_\_\_\_\_@sympatico.ca”

### Diagnosis: NP type

Everyone agreed that this category was either NP or NPA-/=.

All 4 tests below show NP type with very low S score (range 13 to 23), low T and A score, and moderate to high E score.

The basic difference between the test results for the NP and NPA- type is the lower S score in the NP dominant type.

The F score in the NP type is typically greater than 50. Here, the range is 52 to 89.

Hints that this Case was “NP type” were the terms “melancholic nature”, “workaholism”, “OCD” and “autistic child”.

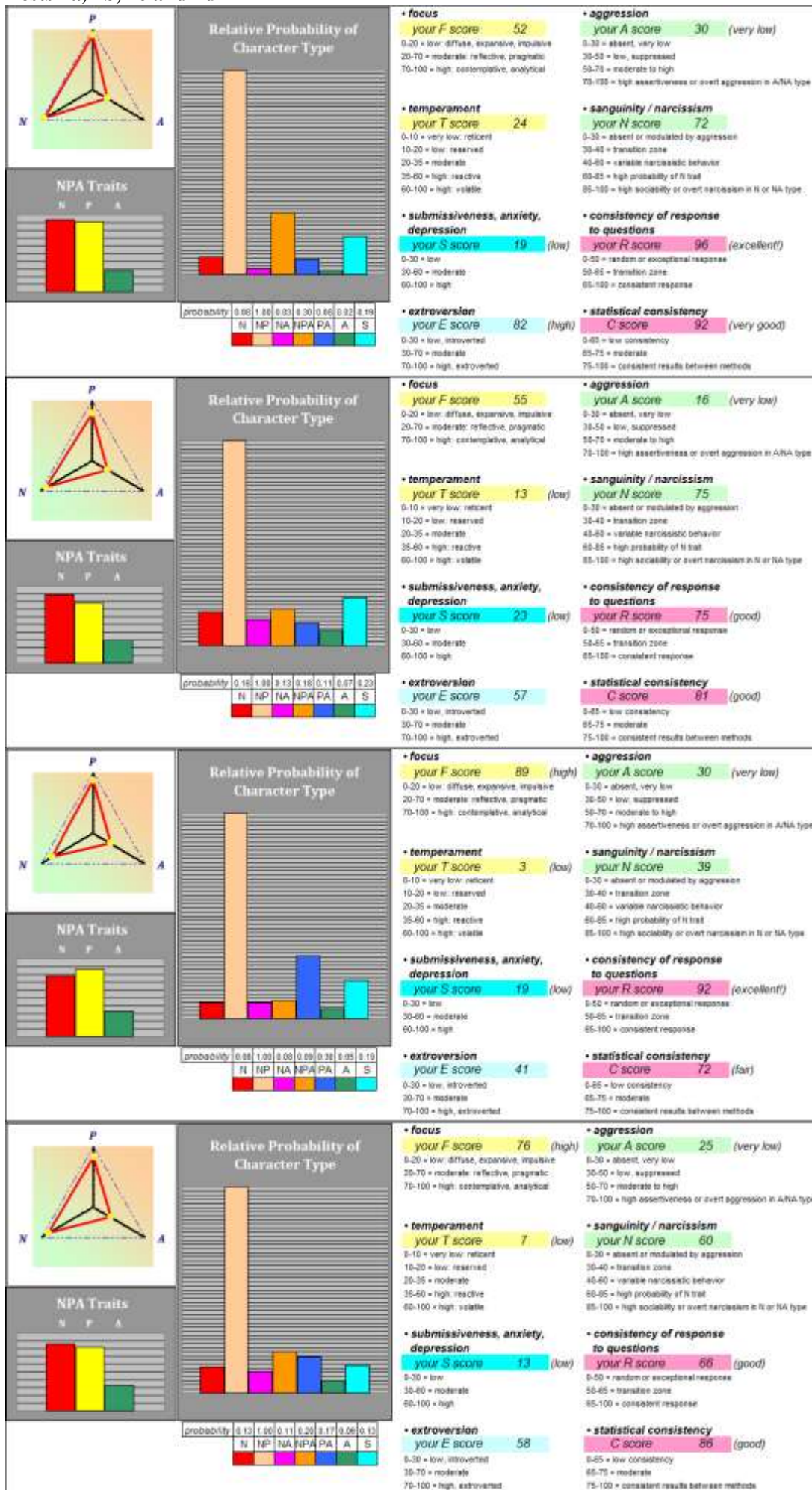
Subjects 2a and 2c each consider the possibility that they have suppressed aggression, i.e., an NPA- type, rather than an NP type — a common quandary. However, with each of them having a low S score of only 19, the test speaks strongly for NP type. It is possible that by “OCD” Subject 2c meant OCPD, or obsessive-compulsive personality disorder.

As exemplified by Subject 2d, who is the parent of a likely NP autistic child, an NP individual often has a parent who is an NP type as well\*. In Comment 2b, the “controlling mother” may also have been an NP type

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\*According to NPA genetics, a NP child must have at least one parent who is an N or NP type, and at least one parent who has the P trait.



# Tests 2a, 2b, 2c and 2d



### Case #3

**3a** -- male 21-30 "Psychopathy. It was fairly accurate, I would say. I'm not convinced on the theory, though."

**3b**      --      female 21-30      “Psychopath~”

**3c** (Russian version; Location – Western Russia) приступы ярости rage disorder  
male 21-30 -- [no comment included]

**Diagnosis: A type**

With the Russian representation, everyone agreed that this was a non-sanguine category.

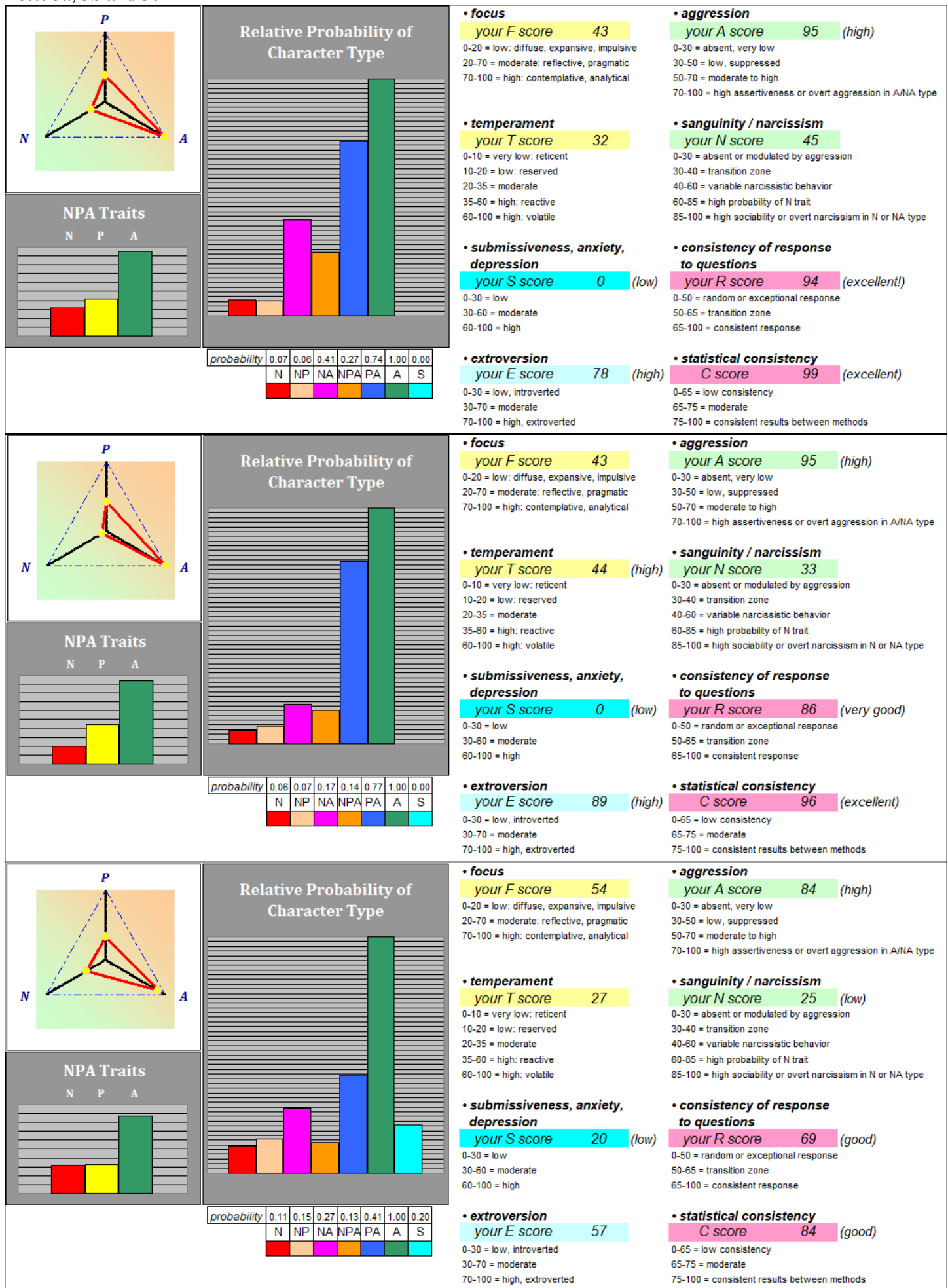
All 3 tests below show “A type” with very low S score (range 0 to 20), high A score (range 84 to 95), and low N score (25 to 45).

Two of the tests had S score of 0. It is not unusual for an A type to have an S score of 0, or very close to nil. To achieve an S score of 0, one has to answer “0” to eight specific questions, which means that these subjects were attentive when taking the test.

Comments 3a and 3b indicate “psychopathology”, but we don’t have any details.

Subject 3c is from western Russia, where non-sanguine types are common, so the result of “Ä type” in a subject with rage disorder is not surprising.

# Tests 3a, 3b and 3c



**NPA Traits**

N P A

**Relative Probability of Character Type**

probability	0.06	0.07	0.17	0.14	0.77	1.00	0.00
N	0.06 <td>0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td></td>	0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td>	0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td>	0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td>	0.77 <td>1.00 <td>0.00</td> </td>	1.00 <td>0.00</td>	0.00
NP	0.06 <td>0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td></td>	0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td>	0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td>	0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td>	0.77 <td>1.00 <td>0.00</td> </td>	1.00 <td>0.00</td>	0.00
NA	0.06 <td>0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td></td>	0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td>	0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td>	0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td>	0.77 <td>1.00 <td>0.00</td> </td>	1.00 <td>0.00</td>	0.00
NPA	0.06 <td>0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td></td>	0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td>	0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td>	0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td>	0.77 <td>1.00 <td>0.00</td> </td>	1.00 <td>0.00</td>	0.00
PA	0.06 <td>0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td></td>	0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td>	0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td>	0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td>	0.77 <td>1.00 <td>0.00</td> </td>	1.00 <td>0.00</td>	0.00
A	0.06 <td>0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td></td>	0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td>	0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td>	0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td>	0.77 <td>1.00 <td>0.00</td> </td>	1.00 <td>0.00</td>	0.00
S	0.06 <td>0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td></td>	0.07 <td>0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td></td>	0.17 <td>0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td></td>	0.14 <td>0.77 <td>1.00 <td>0.00</td> </td></td>	0.77 <td>1.00 <td>0.00</td> </td>	1.00 <td>0.00</td>	0.00

**• focus**

**your F score** 43

0-20 = low: diffuse, expansive, impulsive  
20-70 = moderate: reflective, pragmatic  
70-100 = high: contemplative, analytical

**• aggression**

**your A score** 95 (high)

0-30 = absent, very low  
30-50 = low, suppressed  
50-70 = moderate to high  
70-100 = high assertiveness or overt aggression in A/NA type

**• temperament**

**your T score** 44 (high)

0-10 = very low: reticent  
10-20 = low: reserved  
20-35 = moderate  
35-60 = high: reactive  
60-100 = high: volatile

**• submissiveness, anxiety, depression**

**your S score** 0 (low)

0-30 = low  
30-60 = moderate  
60-100 = high

**• extroversion**

**your E score** 89 (high)

0-30 = low, introverted  
30-70 = moderate  
70-100 = high, extroverted

**• consistency of response to questions**

**your R score** 86 (very good)

0-50 = random or exceptional response  
50-65 = transition zone  
65-100 = consistent response

**• statistical consistency**

**C score** 96 (excellent)

0-65 = low consistency  
65-75 = moderate  
75-100 = consistent results between methods

**NPA Traits**

N P A

**Relative Probability of Character Type**

probability	0.11	0.15	0.27	0.13	0.41	1.00	0.20
N	0.11	0.15	0.27	0.13	0.41	1.00	0.20
NP	0.11	0.15	0.27	0.13	0.41	1.00	0.20
NA	0.11	0.15	0.27	0.13	0.41	1.00	0.20
NPA	0.11	0.15	0.27	0.13	0.41	1.00	0.20
PA	0.11	0.15	0.27	0.13	0.41	1.00	0.20
A	0.11	0.15	0.27	0.13	0.41	1.00	0.20
S	0.11	0.15	0.27	0.13	0.41	1.00	0.20

**• focus**

**your F score** 54

0-20 = low: diffuse, expansive, impulsive  
20-70 = moderate: reflective, pragmatic  
70-100 = high: contemplative, analytical

**• aggression**

**your A score** 84 (high)

0-30 = absent, very low  
30-50 = low, suppressed  
50-70 = moderate to high  
70-100 = high assertiveness or overt aggression in A/NA type

**• temperament**

**your T score** 27

0-10 = very low: reticent  
10-20 = low: reserved  
20-35 = moderate  
35-60 = high: reactive  
60-100 = high: volatile

**• submissiveness, anxiety, depression**

**your S score** 20 (low)

0-30 = low  
30-60 = moderate  
60-100 = high

**• extroversion**

**your E score** 57

0-30 = low, introverted  
30-70 = moderate  
70-100 = high, extroverted

**• consistency of response to questions**

**your R score** 69 (good)

0-50 = random or exceptional response  
50-65 = transition zone  
65-100 = consistent response

**• statistical consistency**

**C score** 84 (good)

0-65 = low consistency  
65-75 = moderate  
75-100 = consistent results between methods



#### Case #4

**4a** -- male 31-40 "The [NA] descriptions don't match at all, the whole [NPA-] page seems "right", but also the short [NA-] description sounded right on the [NA] page. I have strong camera fobia unless it's a mass-photo like a school class. I prefer to be in groups size of 2-3, get minor anxiety being near a large group even if they're relatives/friends. And I'm from Finland.I've not been diagnosed but I have watched TV programs about asp/autism and much of it seems familiar. I think everything must be in perfect order but I don't feel like having energy to do things perfectly, I do expect perfection from others quite "naturally".I have tendency to laryngopharyngeal reflux but after it got really bad I found a way to manage it by consciously being as relaxed as I can be (not very) while eating to avoid tension in stomach area and avoiding eating before going to sleep. Some foods like liquorice and some spices seem to promote the reflux quickly and I'll easily cough if the reflux happens, the damaged area seems to be very slow to heal."

**4b** (French version) migraines male 21-30 « *Migraines récurrentes depuis l'enfance, j'ai en général un haut niveau d'anxiété que je met sous contrôle mais qui rendent les interactions parfois difficiles.* »

"Recurrent migraines since childhood, I usually have a high level of anxiety that I keep under control but which make interactions sometimes difficult."

**4c** (French version) migraines male 21-30 « *Le diagnostic posé ici me semble correct, j'éprouve également des difficultés dans les relations sociales en général. J'ai tendance à être très susceptible et à croire facilement qu'on me prend pour un idiot ou qu'on se moque de moi. Je peux réagir de façon excessive face à quelqu'un qui hausse le ton ou qui a de mauvaises manières, il m'est arrivé plusieurs fois des échanges verbaux violents avec de parfaits inconnus car ils m'avaient manqué de respect. Je suis également très rancunier et ne pardonne jamais la moindre offense.A la base, je ne suis pas une personne agressive mais j'ai le sentiment d'être obligé de faire semblant de l'être pour avoir un minimum de considération. La plupart du temps mes réactions agressives résultent plus d'un calcul ("je dois réagir sinon je vais passer pour un faible"), que d'une réelle impulsion.Donc à mon avis votre test devrait faire davantage la distinction entre une agressivité naturelle et une agressivité induite par divers facteurs sociaux, même s'il est loin d'être mauvais en l'état.* »

"The results given here seems to me correct, I also have difficulties in social relations in general. I tend to be very sensitive and easily believe that I'm being taken for a fool or mocked. I can overreact to someone who raises his voice or who has bad manners, I have had several times violent verbal exchanges with complete strangers because they had shown me lack of respect. I am also very resentful and never forgive the least offense.Basically, I am not an aggressive person but I feel that I have to pretend to be so to have a minimum of consideration. Most of the time my aggressive reactions result more from a calculation ("I must react, otherwise I will pass for a weakling") than from a real impulse.So in my opinion your test should make more the distinction between a natural aggressiveness and an aggressiveness induced by various social factors, even if it is far from being bad in its present state. "

**4d** (French version) -- male 21-30 « *Récemment diagnostiqué comme ayant le syndrome de Peter Pan car je refuse ce qui a trait à la vie sociale d'adulte et préfère me consacrer à des hobby solitaires. Mes supérieurs et collègues ont des difficultés à me gérer car je ne supporte pas l'autorité ou la critique. Je ne recherche pas la compagnie des femmes et la sexualité car je trouve cela trop difficile à gérer, ce qui inquiète mon entourage.Ce test est intéressant car oui je pense être perfectionniste : je trouve le monde trop imparfait et les autres trop imprévisibles alors je préfère rester dans mon monde qui me correspond mieux.PS : ne trouvez-vous pas que le bouton "soumettre" est plutôt ironique suite à un tel test ?* »

"Recently diagnosed as having Peter Pan syndrome because I refuse to relate to adult social life and prefer to devote myself to solitary hobbies. My superiors and colleagues have difficulty managing me because I do not tolerate authority or criticism. I do not look for the company of women and sexuality because I find it too difficult to manage, which worries my entourage.This test is interesting because yes I think to be perfectionistic: I find the world too imperfect and others too unpredictable so I prefer to stay in my own world that fits me better.PS: do you not find that the [web site] button "to submit" is rather ironic given such a test?"

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**Diagnosis: NPA– or NPA= type**

All 4 tests below show elevated S score (47 to 84), lowish T score (17 to 23), low-moderate E score (21 to 60), high F score (55 to 69), and very low A score (20 to 30). The N score was only low-moderate (range 34 to 47). The higher F scores and the moderate N scores help to differentiate the NPA– type from the NA– type.

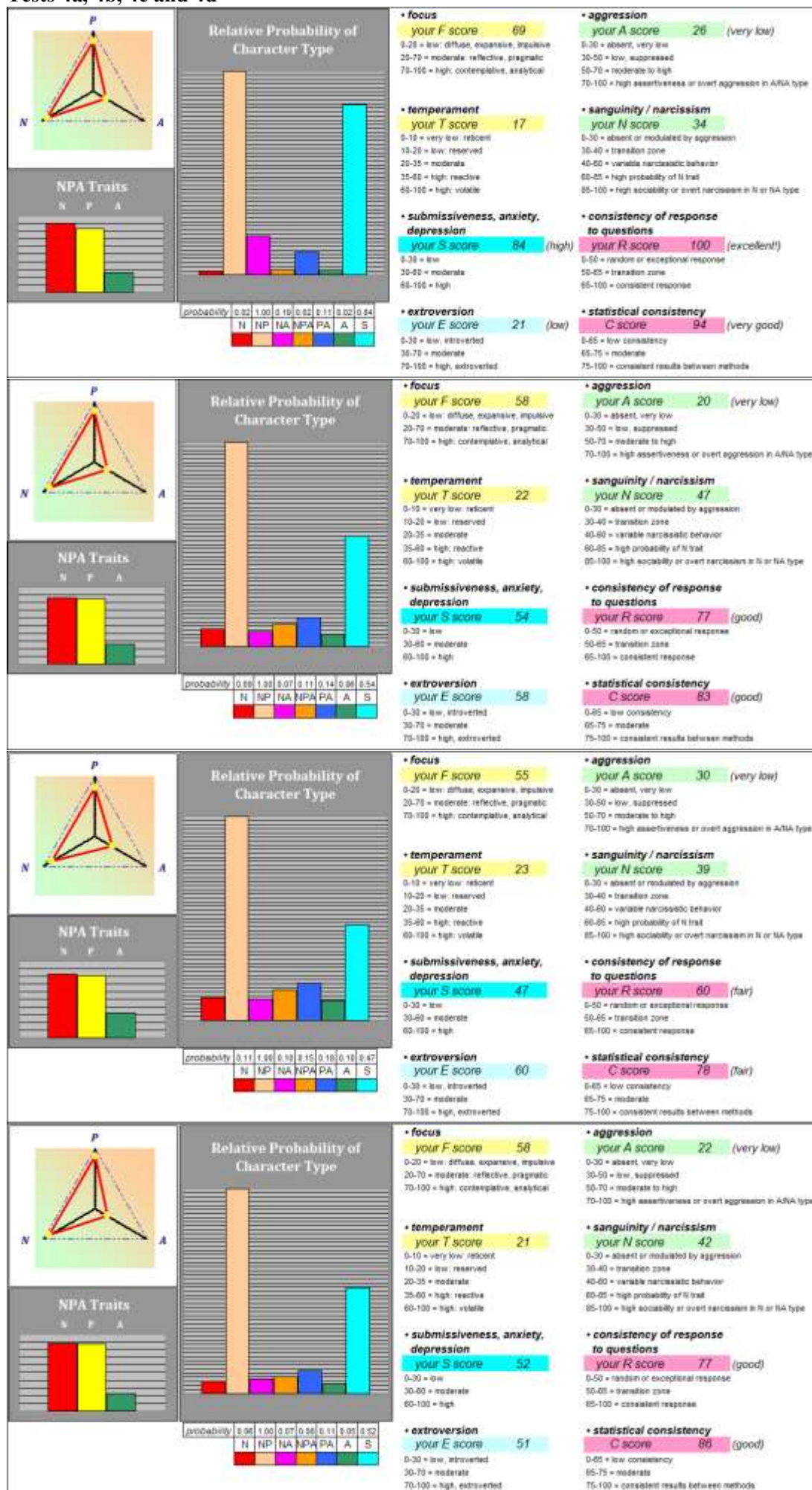
Most agreed that this was a category of A– or A= trait.

A hint in Comment 4a is that the subject is from Finland, which we have previously identified as an “Introspective habitancy” (a geographic region having a high prevalence of A– or A= trait). His observation of having a “camera phobia” is common in NPA– types. Of the four tests, this subject had the highest S score (84).

A hint that this category is NPA–/=:, rather than is NA–/=:, is that Subjects 4a and 4d comment on their “perfectionism”, especially 4a who requires that “everything must be in perfect order”.

Comment 4d: It is interesting that the individual was sensitive to the double meaning in the “to submit” button (submission in the context of submitting the test). Such sensitivity would be more expected in an NPA– type than in an NP type.

# Tests 4a, 4b, 4c and 4d



## Case #5

**5a**     --                      female 21-30                      “Only aggressive when someone does something disrespectful , otherwise i'm pretty chill or even kind ... But if someone wronged me or tried to dominate me (if they are family members i explode until they either crumble then pick them up or they take back what they said) i don't react at the time they disrespected me but that moment marks the beginning of the end . I usually just mentally abuse them while keeping my perfect image (that way they are 100 percent sure it's all their fault) or give a very calm blow to their deepest insecurity , for exp : a female friend once disrespected me and -knowing she thinks her face is her only good quality, she doesn't know that she thinks her personality is lacking but i do- even though she thinks highly of me -she said so many times- i cut off all ties with her and left her pondering for months when she gave up and asked me why ? i told her "sadly i don't think i can stay with someone who has a personality like yours , you and i just don't fit , i have principles and morals that you ignore , and i can't ask you to change yourself because i would be disrespecting you ..." . (end of exp) it was the truth though , but i still kept my innocent/kind image while doing so , so when such a girl is told by "the only friend that ever understood me and was kind and never jealous of me.." (her own words) that she can't accept who she is , i think she will never muster enough confidence to start a friendship with anyone else .... Serves her right who told her to disrespect such a person, anyways that's what really happened , she doesn't go out anymore and has 0 female friends (cut ties with other girls) as told by her boyfriend (he's a friend , he's next too i'll make sure he's wrecked for life) I never planned to do it in the beginning but oh well it was very satisfying by the end .”

**5b**     NPD (narcissistic personality disorder)     male     51 to 60                      “Some of the questions are problematic to respond to because they lump together many traits. EXAMPLES Question number 3 Is this you: talkative, impatient, much sex appeal, smiles and laughs easily, having a sharp-edged personality? Response - 3 I am talkative, impatient, ASEXUAL, smile and laugh but not that easily, and have a very sharp-edged (bordering on obnoxious) personality. Question number 7 Is this you: quiet, friendly, meticulous, extremely organized, aloof, nice smile, careful handwriting, strong and stubborn? Response - 3 I am NOISY, UNFRIENDLY, meticulous, extremely organized, aloof, nice smile, careful handwriting, WEAK and stubborn Otherwise, very interesting test!”

**5c**     ADD     male     under 21                      “my e-mail is, \_\_\_\_\_@\_\_\_\_\_.edu. i think i may have a very light form of some sort of anti-social disorder. Although i have found ways to keep this under control with help from my psychologist (when i was in elementary school) i used to use drugs (anti-depressants, marijuana, cocaine, acid, shrooms, and other types of illegal substances) but have been clean for more than 6 months. I do still drink but have been told by multiple people (including an off duty police officer) that i am one of the most responsible drinkers they've seen or known. I don't drink to get drunk and i am usually the first to volunteer to be the designated driver.”

**5d**     bipolar disorder                      female 31-40                      “Sounds like you've got me pegged!!”

### Diagnosis: NA type

Everyone agreed with NA type here.

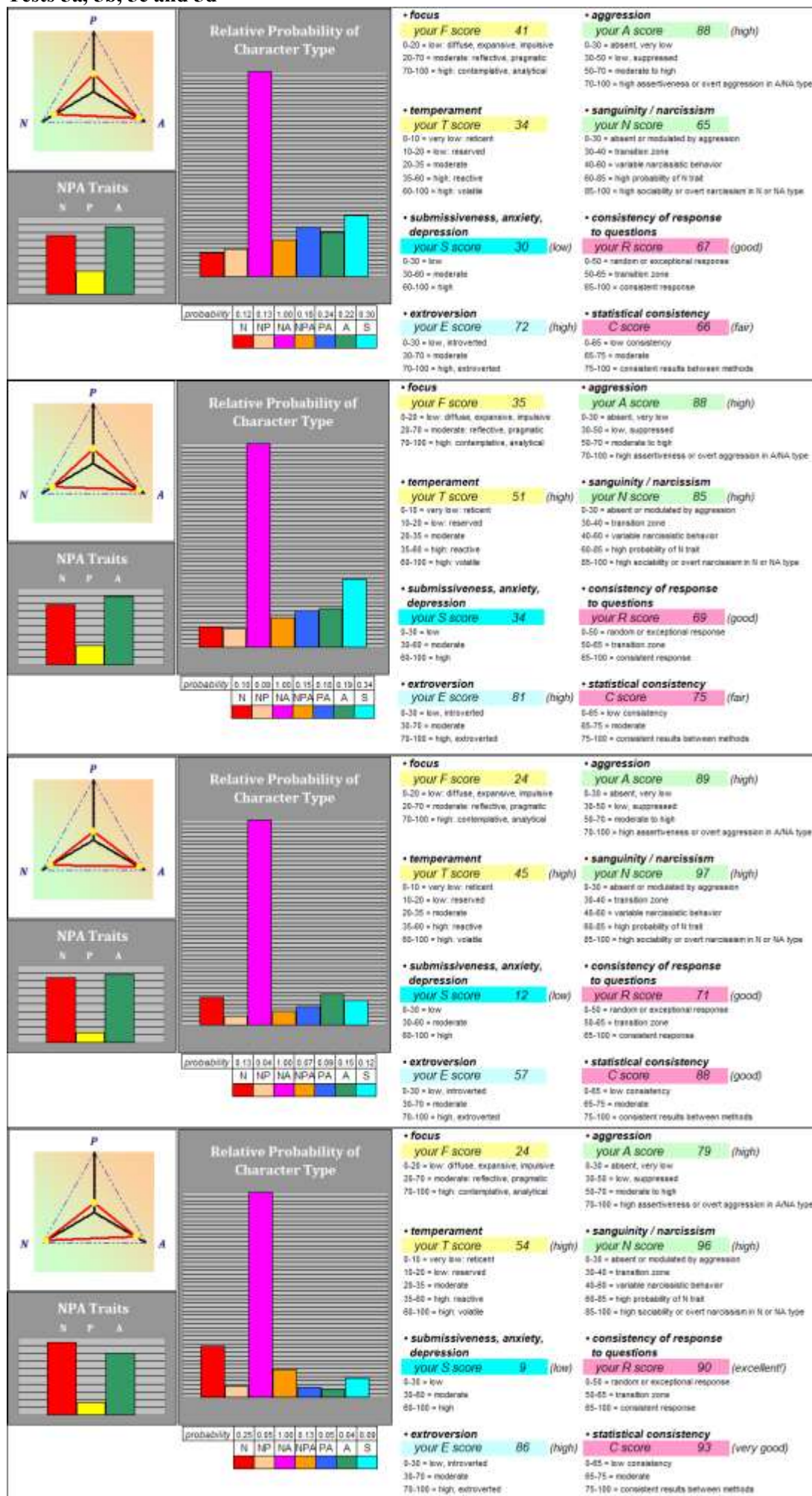
All 4 tests below show low S score (range 12 to 34), low F score (24 to 41), and elevated E score (57 to 86). The A score was high (range 79 to 89) and the T scores were on the high side, as well.

Comments 5b, 5c and 5d: individuals giving the diagnoses of NPD, ADD or bipolar disorder, commonly have test results of NA type.

Comment 5a illustrates some of the vindictive elements of an NA personality type.



# Tests 5a, 5b, 5c and 5d





## Case #6

**6a** -- male 31-40 “This was intriguing and much of an eye opener. Thankyou. I am not sure if this test is accurate but I was surprised. On the other hand I could agree that I was very narcissistic at a younger age and I had thought my arrogance and egotism had left me some time ago. This test says different. After reading some of the character traits you have supplied on other pages i feel that I have many qualities of a [resigned] personality, esp. since I am a cab driver who is a cross-country runner with few friends and arms-length relationships who avoids conflicts. Maybe I have tested false positive? Regardless it was fun.”

**6b** (French version) migraines male 31-40 « *Votre théorie est très intéressante. Je ne me reconnais pas du tout dans le caractère NA attribué ici mais je n'ai jamais rencontré de description aussi précise de ma vie que dans le "[resigned type]". Avoir peu de désirs, surtout ceux impliquant d'autres personnes, est la meilleure façon de ne pas être frustré et donc de facto d'être en paix. »*

”Your theory is very interesting. I do not recognize myself at all in the NA character described here, but I have never encountered such an accurate description of my life as in the “[resigned type]”. To have few desires, especially those involving other people, is the best way to not be frustrated and therefore de facto to be at peace.”

**6c** dyslexia female “Well, when I'm with certain people I'm more "out there" or "weird" but at home I'm basically silent. I keep to myself with basically everything. I prefer to be alone, but am not lonely.”

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### Diagnosis: Detached type –N (former Dominant N type).

At first glance, the 3 tests below appear to show “NA type” with low-moderate S score (26 to 43), so the diagnosis here comes from the Comments where the subjects identify with “Resigned types” (“a cab driver who is a cross-country runner with few friends and arms-length relationships who avoids conflicts”, and “To have few desires, especially those involving other people, is the best way to not be frustrated and therefore de facto to be at peace.”). The third comment, “I prefer to be alone, but am not lonely” is also typical of a resigned type.

The interesting aspects of the two tests are: 1) the fairly low S scores, 2) very low A scores (15-33) and 3) low R scores (27-52-67).

The lowish R scores (especially the test with a rock-bottom R score of 27) could indicate that the test results are not reliable. Such a low R score means that the subject’s answers showed poor correlation with all of the 19 “standard tests”.

A low R score (consistency of response, or “coherence”) can occur if the subject responds in an unusual or “exceptional” manner. Here, the subjects responded in an “unusual manner”, since the NPA algorithm does not attempt to identify Resigned types. Thus, the test reported “This is an unusual test of an NA type having low S score but also very low A score”. However, the test could not specify the reason for this result, and without the subjects’ comments, we would not have understood the cause of the low R score.

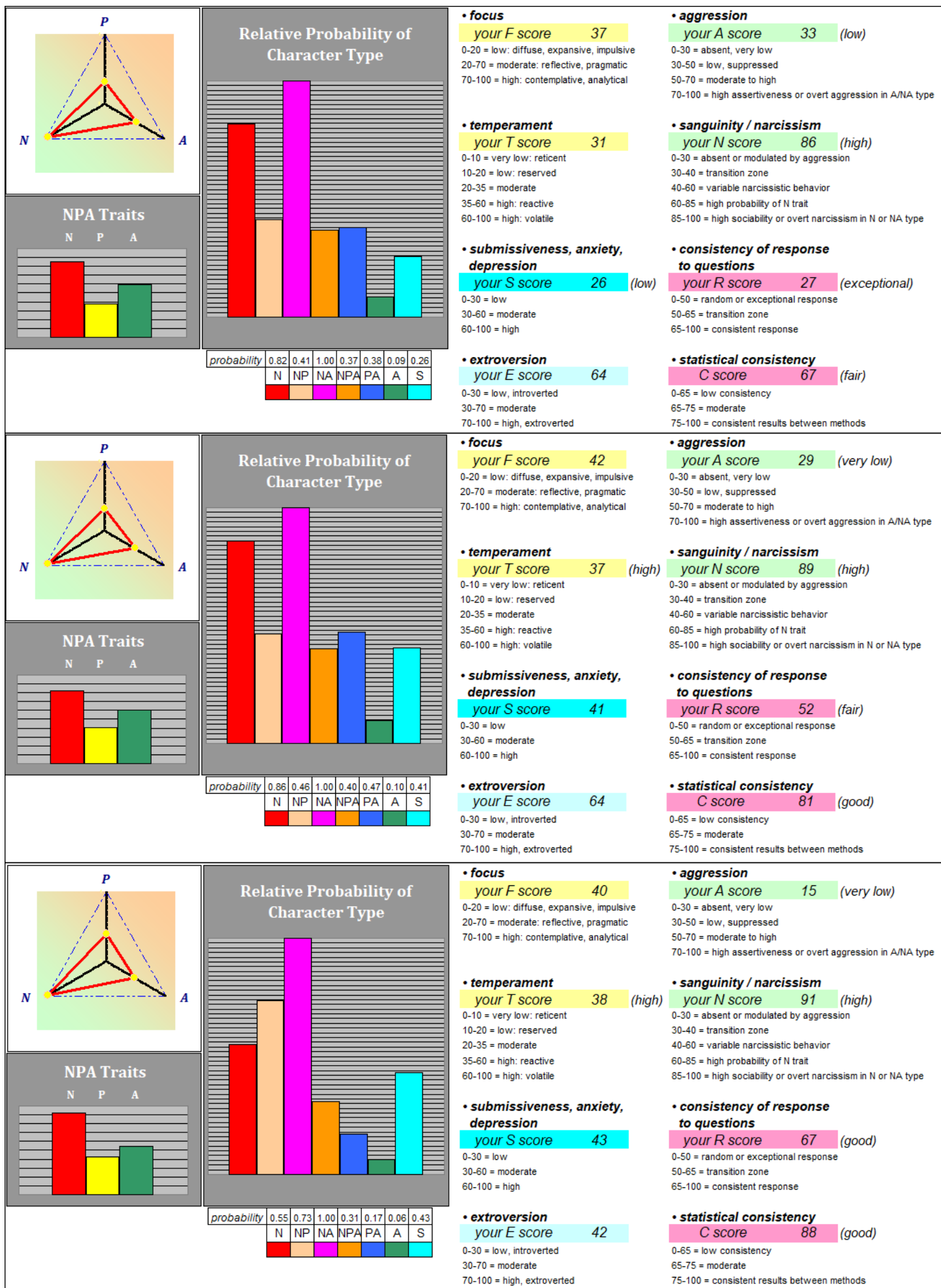
The lowish S scores indicate that before becoming a Resigned type, each of these subjects was a former Dominant type. In this interpretation, the S score on the test is reflective of the individual’s past life before assuming a life style of social detachment.

Thus, Resigned or socially detached types would tend to answer the test as if they were still in their former personality state (either Dominant or Passive aggressive). This is partially because several of the test questions refer to the subject’s behavior during adolescence (school, college, sports and games, etc.).

Given that the test results of “NA type” seem to be unreliable, one needs to examine the subjects’ responses to the actual test questions. If this is done, it is found that all three subjects answered positively to questions in the “antisocial aversion” category, which the test algorithm interpreted as “aggression”. This was not enough to raise the A scores very much, but it was enough to shift the diagnosis from N type to NA type. Thus, our final conclusion is that these subjects were former Dominant N types, rather than NA types, before assuming the –N state of detachment (technically, a borderline type).

So, our final answer is “Detached –N type (former Dominant N type)”, but we also included as acceptable “Resigned N –A type (former Dominant NA type)”.

# Tests 6a, 6b and 6c



## Case # 7

**7a** -- male 21-30 “Some parts of the [PA] caricature are accurate. My grandmother had Paranoid schizophrenia, and my uncle was diagnosed with Paranoid PD. [personality disorder]”

**7b** (Russian version) -- male less than 21 years old « На удивление да. Например если у меня есть желание кого нибудь убить или ударить, то я обычно сдерживаюсь, а точнее всегда сдерживаюсь. После либо матерю воздух, либо становлюсь ещё более озлобленным в повседневной жизни. »

“Accurate? Surprisingly, yes. For example, if I have a desire to kill someone or hit someone, then I usually hold back, or rather I always hold back. After, either I just suck it up, or I become even more embittered with everyday life.”

**7c** (French version) -- male less than 21 years old *Pas de pathologie particulière. Bon test, un des meilleurs que j'ai trouvé sur le web. »*

“No particular problems to report. Good test, one of the best I’ve found on the web.

**7d** Surrogate test (English version) male 41-50 “My husband’s”

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### Diagnosis: PA type

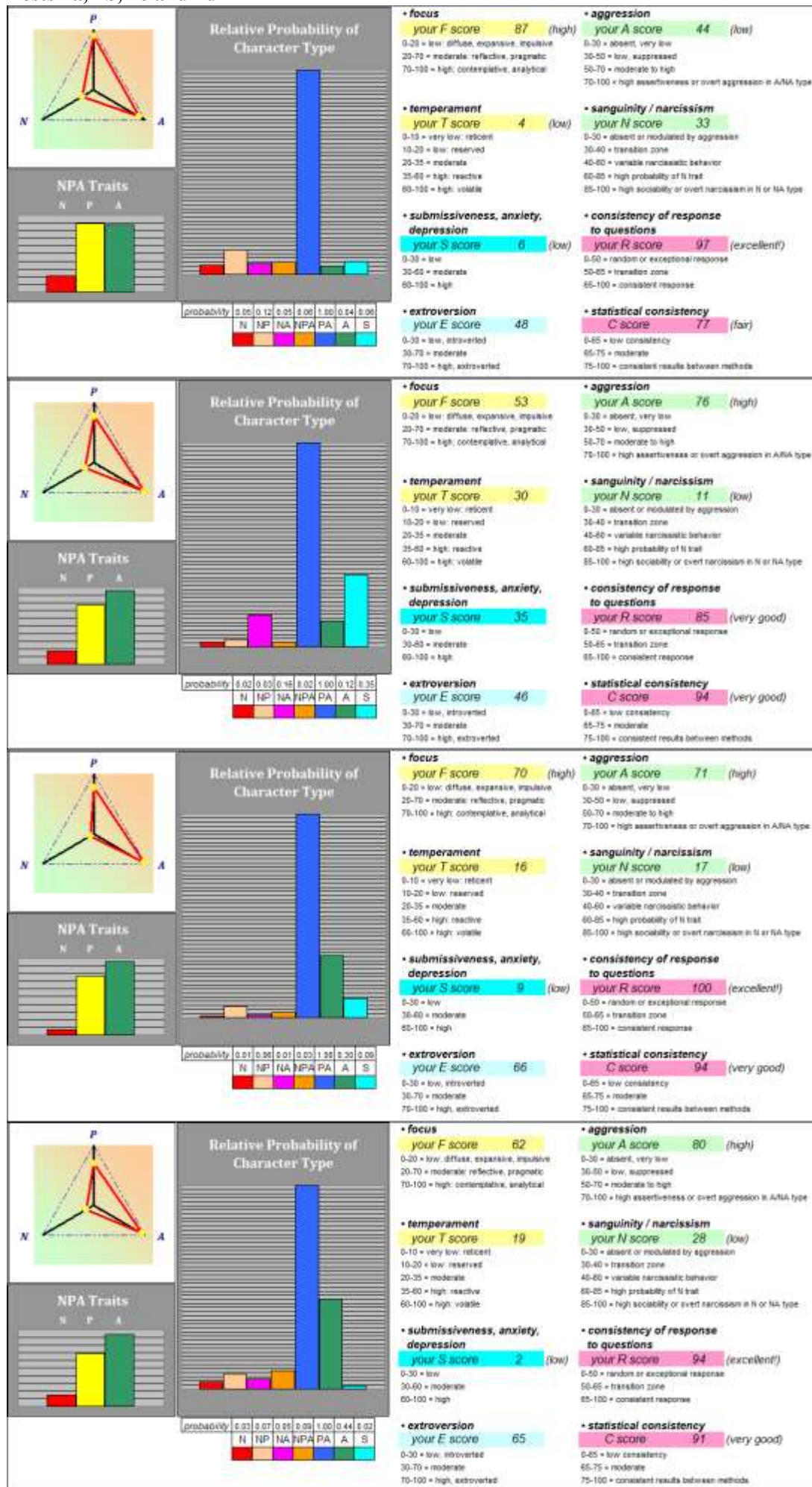
With the Russian representation, everyone agreed that this was a non-sanguine category.

The 4 tests below show PA type, with S scores (6 to 35) and N scores (11 to 33) on the low side. The F scores are all greater than 50.

Comment 7b seems caricatural of a PA type. The subject’s mention of restraint, together with the S score (35) in this test being higher than the other three, one might consider also Borderline PA– type. However, the subject’s open comment about killing someone speaks more for a Dominant PA type with antisocial tendencies than for a Borderline PA– type.

The surrogate test 7d is very similar to the tests taken by actual subjects.

# Tests 7a, 7b, 7c and 7d





## Case # 8

**8a**      diabetes, adult onset                      male    31-40    “Better than most tests. options allowed for finer tuned responses. as for NPA as a theory, i think it is (not a shrink or psychologist) alittle to freudian in focusing on NPA, all of which are negative characteristics. it is almost a test by opposites, showing what you aren't. it is accurate of how i am, or at least how i see myself (not self-delusional).”

**8b**      explosive rages                              female    51-60                      --

**8c**      blood pressure, high                      male    51-60                      --

**8d**      Surrogate test (Russian version; Location: Turkey)                      depression, on medication  
male    41-50                      «...для мужа »                      “Taken for husband”

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### Diagnosis: NPA type

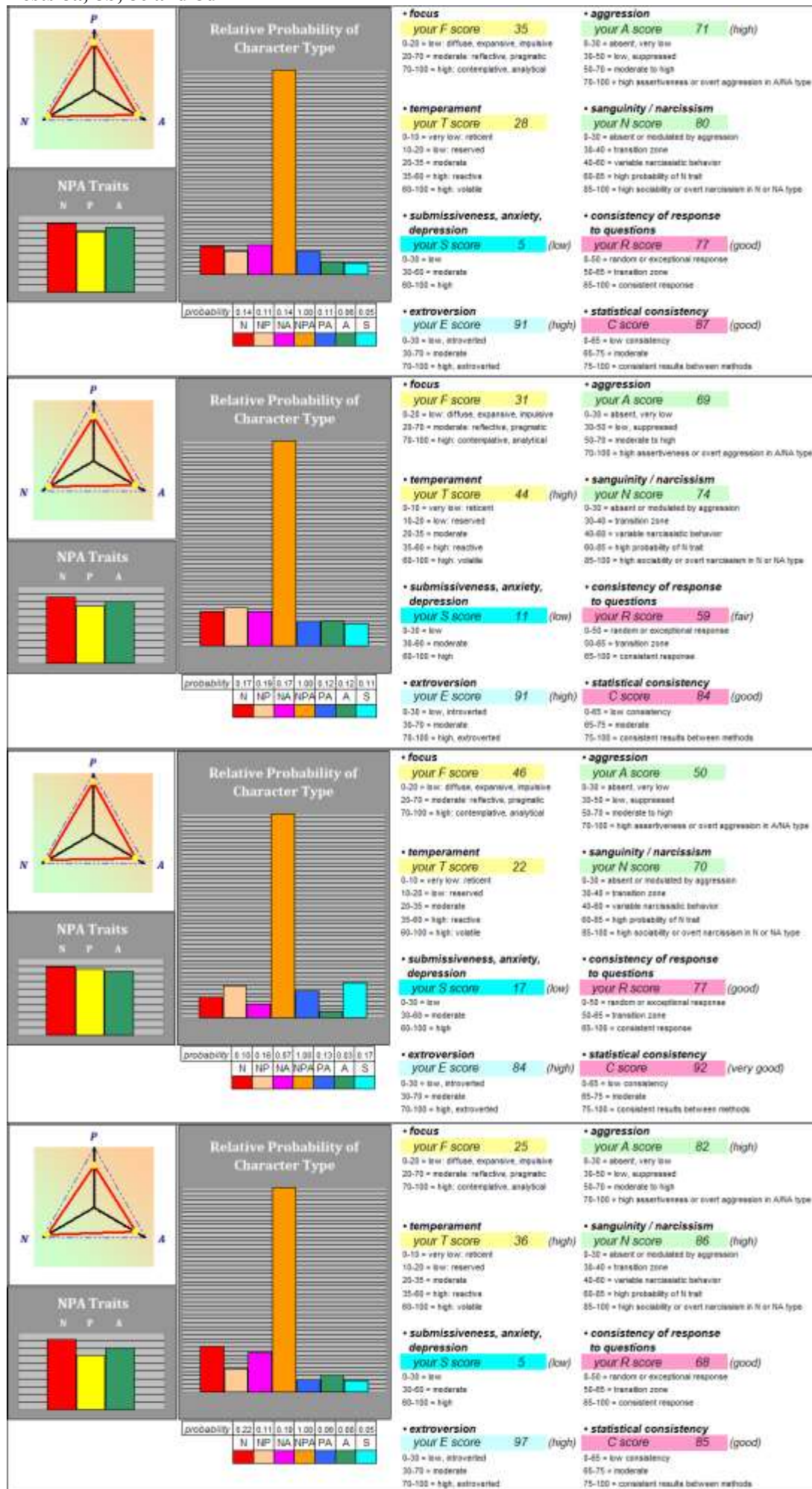
The hints here are “explosive rages”, the location “Turkey”, and the fact that we are up to Case #8 and we haven’t used NPA+ yet.

The 4 tests below show NPA+ type with very low S score (5 to 17), moderate to high T score, and very high extroversion E score (84 to 97).

There are only a few clues in the sparse data given. Explosive rages are classic in NPA+ types and diabetes and high blood pressure are also not uncommon.

On our habitancy map, Turkey is in the Demonstrative region, so the NPA+ type in the surrogate test is not surprising. Once more, the surrogate test is very similar to the ones taken directly by the subjects themselves.

# Tests 8a, 8b, 8c and 8d



## Case #9

**9a** -- male 31-40 “delusional disorder - paranoid features yes, (test was accurate)”

**9b** (French version) schizophrenia female under 21 years old  
 « non, pas assez précis.....- -' »  
 « No, the test was not accurate enough .....- - »

## Diagnosis: PA- or PA= Borderline type

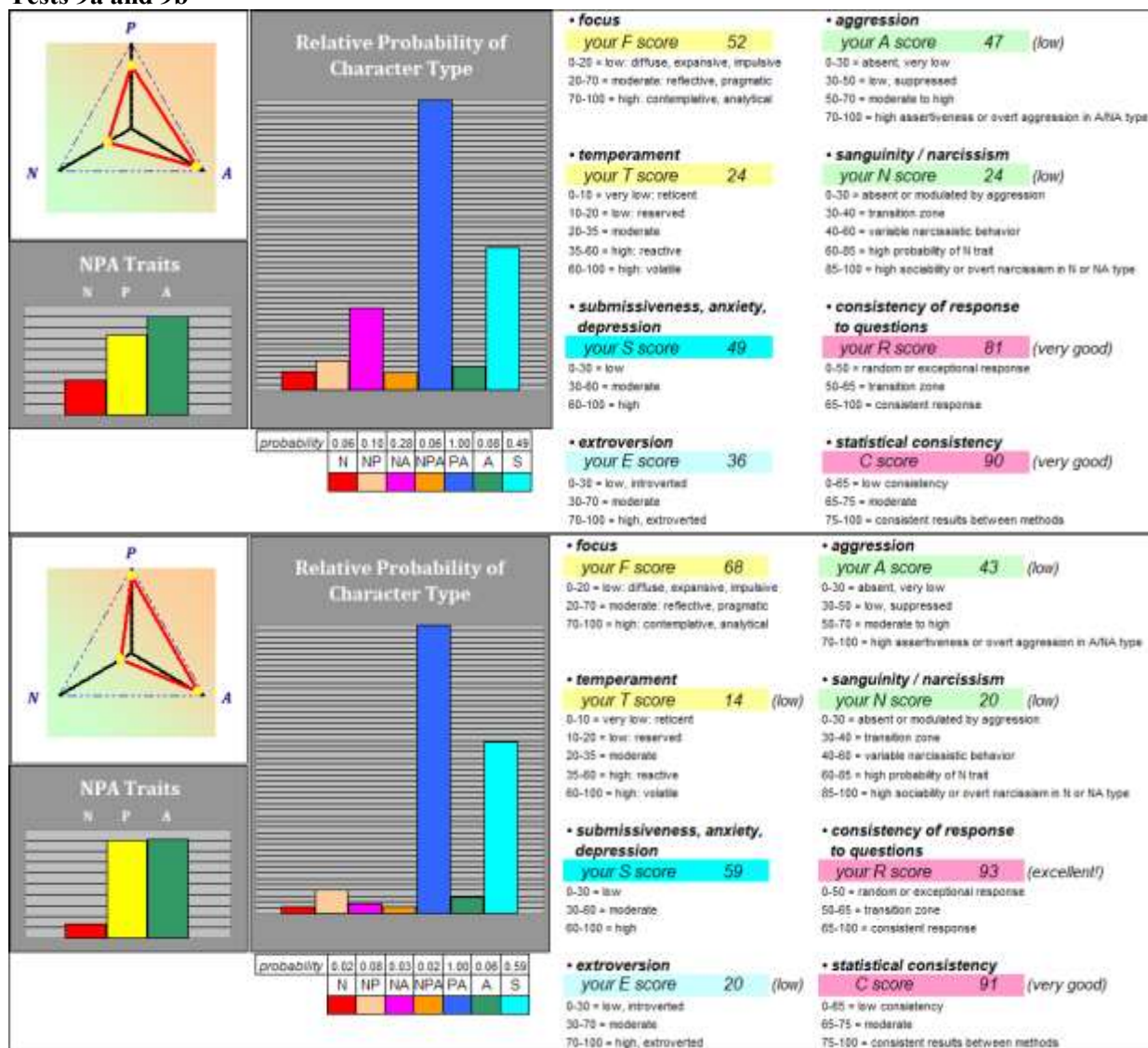
Everyone agreed that this was one of the Borderline types.

Both tests below show PA type with moderately high S score (49,59), i.e., PA- type.

Not having either trait, A or N, fully expressed, the PA- type is a socially isolated, schizoid Borderline/detached type,

Paranoia can have diverse sources, but it is a common feature in the non-sanguine PA and PA- types. In addition, a “delusional disorder with paranoid features” (9a) is consistent with schizophrenia or borderline schizophrenia.

## Tests 9a and 9b



**10a** panic disorder female 51-60 "Some questions had clarifiers which applied to me as well as clarifiers which did not apply to me. Hard to answer these with accuracy. Had to pick and choose. I am talkative but not impatient. I have sex appeal but not a sharp-edge personality. But I am not an expert, so I don't know if test was really accurate. I suspect it is, though. Of the conditions I have or have had: ADD, postpartum depression, compulsive overeating, fibromyalgia, IBS, OCD, panic disorder, phobias, stomach ulcers, gastritis, gall bladder disease, carotid artery disease and rheumatoid arthritis. Thanks."

"I am very stressed, I have reentered working life (an internship), I am coping very badly and I think I cannot bear to be given responsibilities. On the other hand, I have a natural tendency to want to control, manipulate people, but there, in my work I do not manage to control anything which stresses me out terribly. For the test result: I have very low results for the A score, which is true I am not physically aggressive at all. As for the N score I guess it's because I like to feel in total control of what surrounds me."

“Hypersensitive, eczema, panic attacks, shy at first but outgoing immediately after (once being at ease with to the other person) active, need my own world to me but need others, afraid of feeling scared and afraid of being alone” →

“After hearing a voice in my head speak, although just a few words, in a foreign language and which I did not know, I'm worried”

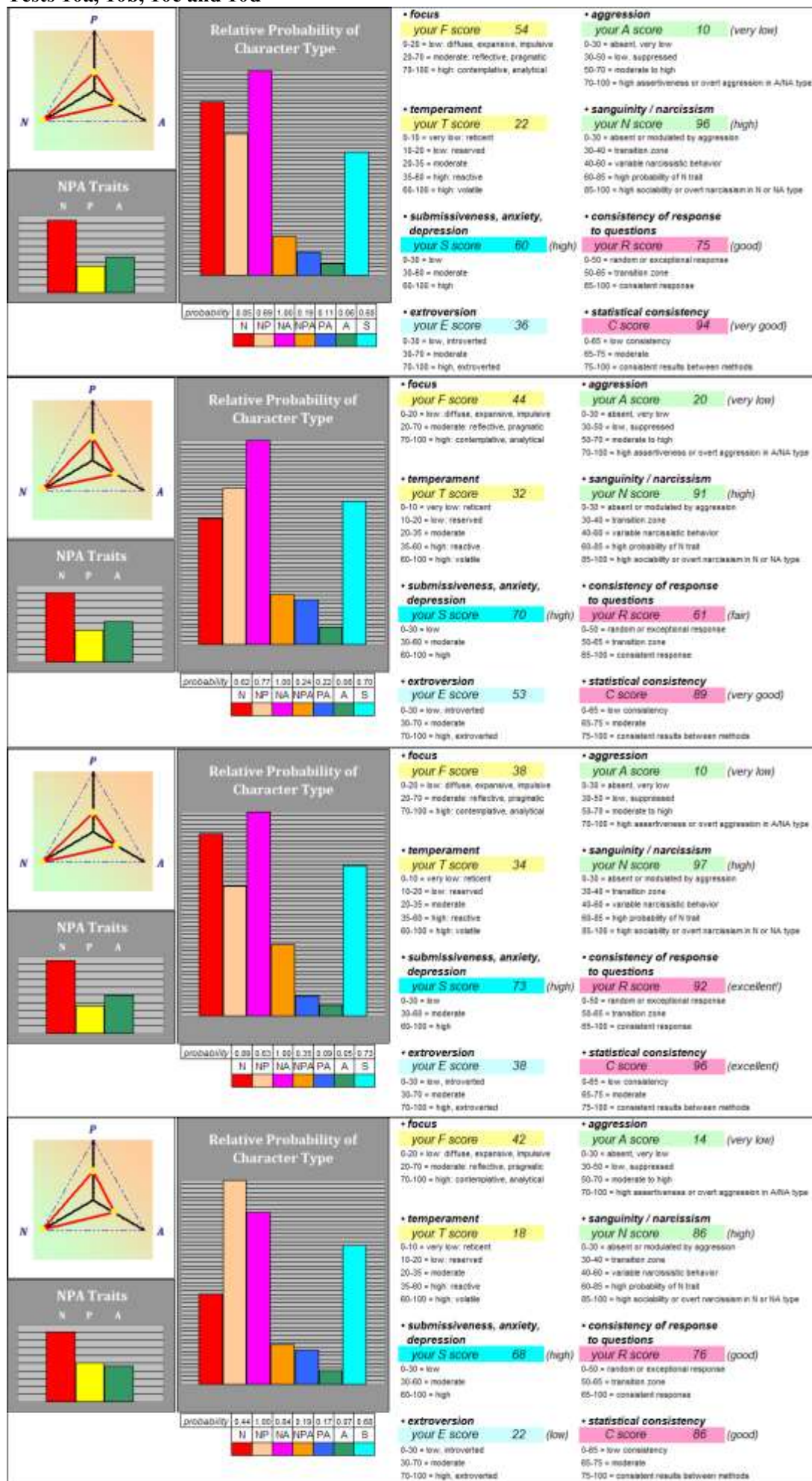
The hints here are panic disorder, “shy”, eczema, and Subject 10b who had “very low results for the A score”.

Given the very high S scores, these four subjects appear to all have the A-/A= trait.

Subject 10d reports auditory hallucinations, and there is also some literature on an association of panic attacks with such hallucinations. In this subject's test, the NP component was elevated. However, the high N score and low F score speak more for an NA-/= type than for an NPA-/= type.



# Tests 10a, 10b, 10c and 10d





## Case #11

**11a** Asperger syndrome/autism (specify ...) male 41-50 “major depression, anti-social, debilitated and behavior modified while in prison for 12 years.”

**11b** LGBT (specify ...) male 31-40 “Trained Musician (hobby/ death metal), Licensed Pro (Judiciary/ double life), Lives alone since 20, very attractive physically, Confused about his gender, avoids sex, dislikes people, loves animals, nightmarish childhood, hopes it helps, loves science and reason”

**11c** (French version) male less than 21 years old « *Je ne sais pas si je suis schizoïde et schizotypique ou si je deviens schizophrène.* »

“I do not know if I am schizoid and schizotipal [*sic*] or if I am becoming schizophrenic.”

### Diagnosis: –A type (Borderline or Resigned)

This is not an obvious one to solve. Possible hints are that 1) we are up to #12, and we have not used the choice “–A Borderline type” yet, 2) schizoid behavior (extreme social withdrawal) or possible schizophrenia in Subject 11c indicates that this is a Borderline category, 3) Subject 11a was formerly incarcerated in prison, and 4) the comments seem non-perfectionistic in nature.

Nevertheless, it is quite a surprise that the 3 tests below show “non-sanguine A type” with very low S score (range 1 to 28). The aggression A scores are very high (range 80 to 96), and the temperament T scores are moderate to high, as well. The first test (11a) shows a PA component that is slightly higher than the A component, but the high T and A scores and the low F score speak more for an A type, rather than a PA type.

Thus, the three Tests are indistinguishable from tests taken by (non-sanguine) Dominant A types.

How do we explain these test results in the light of the comments?

A way to explain the disparity between the test results and comments is to posit that these three individuals were Dominant A types in adolescence, but have undergone severe life changes. Subject 11a wound up in prison, “modified” his behavior and is suffering a major depression. Subject 11b had a nightmarish childhood, dislikes people, and at age 20 withdrew socially to live alone. Subject 11c, just finishing adolescence, has become socially withdrawn (schizoid) and questions whether he is becoming psychotic.

The three individuals — despite harsh life pressures at maturity — answered the questions of the NPA test as if they were still Dominant A types. Despite being depressed, or “resigned” to their life changes -- characterized by the A trait being repressed -- deep in the character of these individuals remains the dominant trait of aggression... and that is how they responded on the Test.

In the NPA model, the character trait of “Resignation” describes a mature individual with the A (or A–) trait who because of environmental life constraints becomes socially avoidant, with the A (or A–) trait being repressed to a placid, resigned –A state. Thus, in a former “Dominant A type”, the character state has changed to “Resigned –A type”. Note that the “–A Resigned type” is also a “Borderline type” (which is an NPA type that has neither trait N nor A fully expressed).

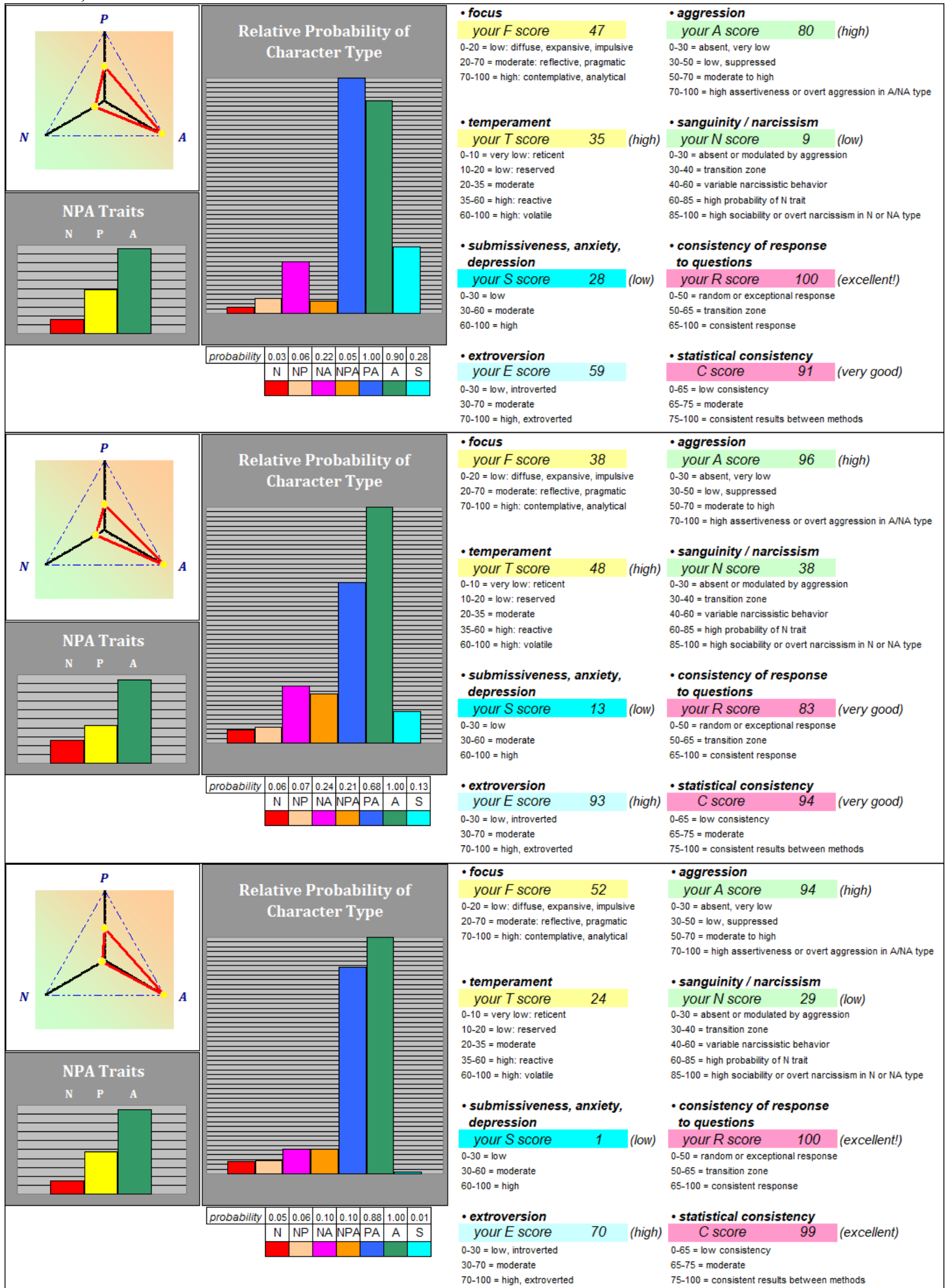
The more common (sanguine) N–A and NP–A Resigned types are not Borderline types because they have fully expressed N trait. They are socially detached, as well, but since they have fully expressed N trait, they have a lower risk of psychosis, and in their placid “splendid isolation” they are not clinically depressed (see the discussion of Case #6).

In our original book (1985, p. 299 “Class III schizophrenia”) we posited that Dominant A and PA individuals who became Resigned –A and P–A individuals would be schizophrenic, or borderline schizophrenic.

The comment of Subject 11a of spending time in prison brings to mind the National Geographic TV series “Lockdown”, in which many prisoners are depicted and interviewed. Many of them appeared to be antisocial, “pseudo non-sanguine” NA types (colorful tattoos, etc.), i.e., –NA (aggressive) or –N–A (depressed) types, so this is also a possibility that needs to be taken into consideration when considering the –A Borderline category.

We note also that Subject 11a carries the diagnosis of “Asperger syndrome”, very unusual for a subject having test results of “A type”. We suspect that this subjective diagnosis is popular among practitioners for their enigmatic patients because it is non-pejorative, cannot be disproved, and is convenient for billing purposes.

# Tests 11a, 11b and 11c



**NPA Traits**

N P A

**Relative Probability of Character Type**

probability	0.06	0.07	0.24	0.21	0.68	1.00	0.13
N	0.06	0.07	0.24	0.21	0.68	1.00	0.13
NP							
NA							
NPA							
PA							
A							
S							

**• focus**

**your F score** 38

0-20 = low: diffuse, expansive, impulsive  
20-70 = moderate: reflective, pragmatic  
70-100 = high: contemplative, analytical

**• aggression**

**your A score** 96 (high)

0-30 = absent, very low  
30-50 = low, suppressed  
50-70 = moderate to high  
70-100 = high assertiveness or overt aggression in A/NA type

**• temperament**

**your T score** 48 (high)

0-10 = very low: reticent  
10-20 = low: reserved  
20-35 = moderate  
35-60 = high: reactive  
60-100 = high: volatile

**• submissiveness, anxiety, depression**

**your S score** 13 (low)

0-30 = low  
30-60 = moderate  
60-100 = high

**• extroversion**

**your E score** 93 (high)

0-30 = low, introverted  
30-70 = moderate  
70-100 = high, extroverted

**• sanguinity / narcissism**

**your N score** 38

0-30 = absent or modulated by aggression  
30-40 = transition zone  
40-60 = variable narcissistic behavior  
60-85 = high probability of N trait  
85-100 = high sociability or overt narcissism in N or NA type

**• consistency of response to questions**

**your R score** 83 (very good)

0-50 = random or exceptional response  
50-65 = transition zone  
65-100 = consistent response

**• statistical consistency**

**C score** 94 (very good)

0-65 = low consistency  
65-75 = moderate  
75-100 = consistent results between methods

**NPA Traits**

N P A

**Relative Probability of Character Type**

probability	0.05	0.06	0.10	0.10	0.88	1.00	0.01
N	0.05	0.06	0.10	0.10	0.88	1.00	0.01
NP							
NA							
NPA							
PA							
A							
S							

**• focus**

**your F score** 52

0-20 = low: diffuse, expansive, impulsive  
20-70 = moderate: reflective, pragmatic  
70-100 = high: contemplative, analytical

**• aggression**

**your A score** 94 (high)

0-30 = absent, very low  
30-50 = low, suppressed  
50-70 = moderate to high  
70-100 = high assertiveness or overt aggression in A/NA type

**• temperament**

**your T score** 24

0-10 = very low: reticent  
10-20 = low: reserved  
20-35 = moderate  
35-60 = high: reactive  
60-100 = high: volatile

**• submissiveness, anxiety, depression**

**your S score** 1 (low)

0-30 = low  
30-60 = moderate  
60-100 = high

**• extroversion**

**your E score** 70 (high)

0-30 = low, introverted  
30-70 = moderate  
70-100 = high, extroverted

**• sanguinity / narcissism**

**your N score** 29 (low)

0-30 = absent or modulated by aggression  
30-40 = transition zone  
40-60 = variable narcissistic behavior  
60-85 = high probability of N trait  
85-100 = high sociability or overt narcissism in N or NA type

**• consistency of response to questions**

**your R score** 100 (excellent!)

0-50 = random or exceptional response  
50-65 = transition zone  
65-100 = consistent response

**• statistical consistency**

**C score** 99 (excellent)

0-65 = low consistency  
65-75 = moderate  
75-100 = consistent results between methods

## Case #12

**12a** -- female 51-60 “My belief is this: If one thinks social grace is important, and that an empathetic approach to dealing with others is less problematic than more overt aggression, agitation, and the like, the submissiveness score will be elevated. I suppose experts argue about the strength of ego versus narcissistic complex. While not an expert in these matters, I hold a Ph.D. in Anthropology and have been thinking about professors and narcissism. I looked for a website that may have a "narcissism test" and was my own guinea pig. Thank you, XXX”

**12b** -- female 41-50 “No- too many of the choices were contradictory. I have some of the traits as a 4 in the choice but a 0 for others listed. I get easily excited but am very slow to anger and I am never violent, insulting or mean. I am very expressive in informal groups and always ask questions regardless of how large a crowd or whether I know others in the room, but preparing a formal "speech" terrifies me. I have no idea what you mean by "narcissistic" either. Narcissus turned into a flower because she spent all her time admiring her reflection in a pool of water. That is an incredibly NEGATIVE trait.”

**12c** asthma female 41-50 “My narcissism lies in my intellectual and artistic gifts... but since other people appreciate these talents, I don't feel like a raving egomaniac for no reason.”

**12d** -- male 31-40 “ If it helps your collecting of info, I am 6'2", 165 lbs, 31 years old, look about 21, have no physical or medical problems and am overall quite healthy (thank God). Thanks for making the test available online! :) ”

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### Diagnosis: N type

All 4 tests below show Dominant N type with low S score <40 (range 7 to 38). The F score is on the low side (25 to 52). The aggression A score is very low (7 to 29). The extroversion E score is somewhat variable, ranging from a moderate 40 to 75.

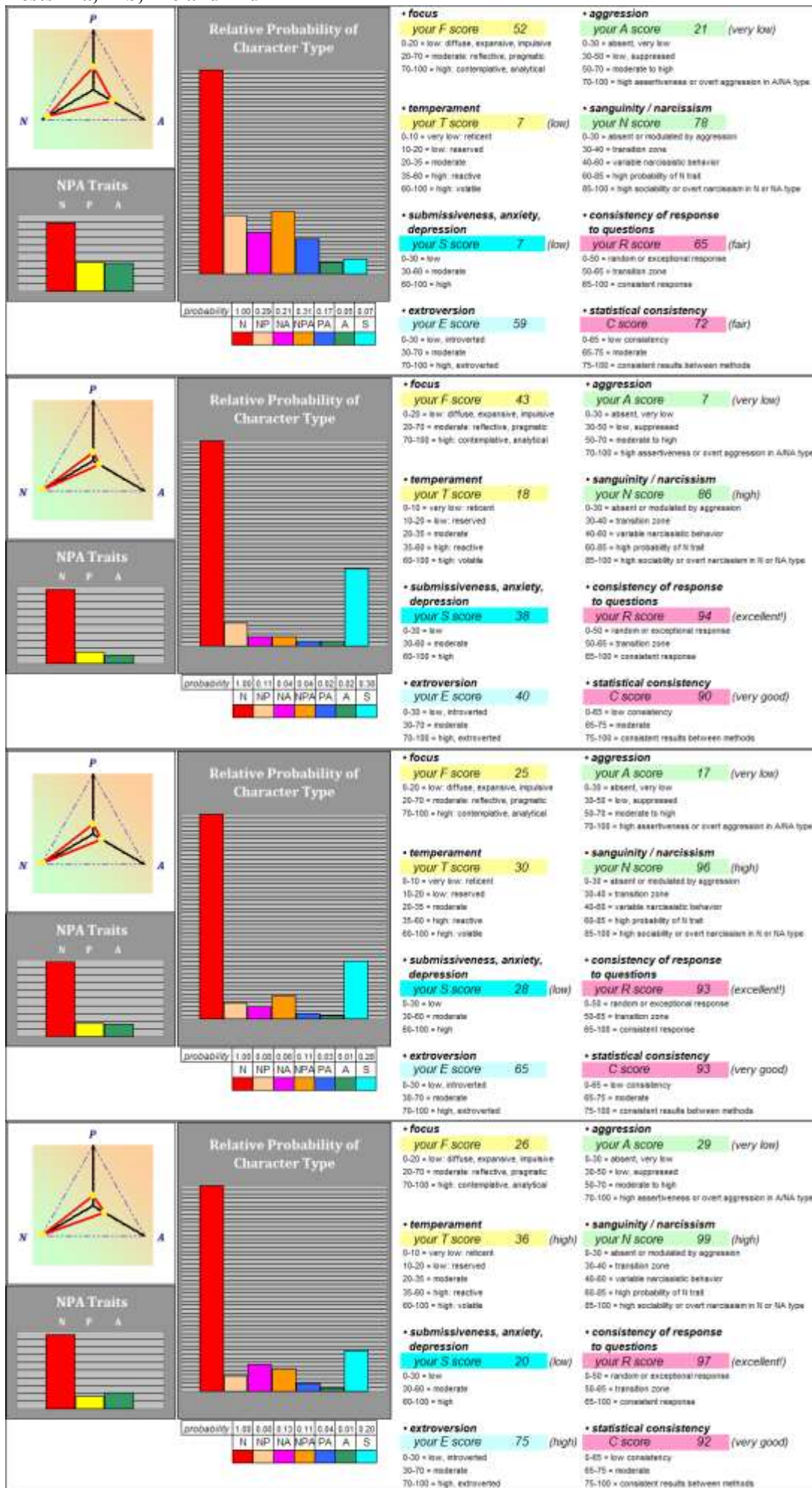
Subjects 12a, 12b and 12c are all rather defensive regarding their possibly “narcissistic” behavior.

Comment 12b: The subject’s remark of being comfortable when talking informally, even before large groups, but being totally at sea when preparing a formal “speech”, is common in N and NA types having low organizational abilities.

The translation of Comment 12c is: “Yes, I know that other people notice that I behave like a narcissistic, raving egomaniac, but deep down they appreciate my extraordinary intellectual and artistic gifts, so I have no reason to try to restrain myself.”

In Comment 12d, displaying an N score of 99, high-T-and-E-score Adonis would like us to appreciate what a fine physical specimen he is, and he is ready to send along some recent photos, taken at the beach, if we would only ask.

# Tests 12a, 12b, 12c and 12d



### Case # 13

**13a** ADHD [attention deficit hyperactivity disorder] male 41-50 "I test in the NA, but according to synopsis, I am closer to NPA. I was a good provider for many years, worked independently with clients for many years and my dressing style fits with NPA rather than NA"

**13b** Surrogate test by AMB, done in 2015 male 61-70 DT, US presidential candidate.

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#### Diagnosis: NPA type (with ADHD)

A hint here is that according to the competition guidelines, "Each Case corresponds to a single specific NPA type... for which the results of the NPA personality test are nearly identical."

Indeed, the two tests are remarkably similar, exhibiting apparent NA type with low S score (16,1), high T score (56,54), low F score (24,20), high E score (92,100), high A score (89,88) and high N score (95,86).

The similarity in the test results is also displayed on the Universal coordinate plot, as well as on the plot of the correlation coefficients. [Note: the correlation coefficients and Universal plot (as well as scores S, T, F and E) are computed directly from the test questions -- independently of the test algorithm, which is a biased decision tree that tries to select only a single, most probable NPA type.]

Subject 13a believes that he is an NPA+ type, with the test giving a mistaken diagnosis of NA type. We believe that he is, indeed, correct. Although the test algorithm eliminated NPA type as the diagnosis, the correlation coefficient for NPA+ (orange bar, arrow) was a respectable 0.55 (and actually higher than for NA in the surrogate test). Unfortunately, the test algorithm didn't know that Subject 13a had ADHD.

Subject 13a's succinct comment shows that he takes pride in having been an independent professional consultant (perhaps a lawyer) for many years, as well as pride in having been a reliable family man ("good provider") for many years. The comment is very concordant with what one would expect from an earnest NPA+ type and does not have the chatty style often seen in the comments of N or NA types. The remark regarding dressing style is also telling: NPA+ types look in disdain at the more ostentatious, colorful wardrobes of their NA cousins.

So, although these individuals may on the surface appear to be blustery N types, or even NA types, we agree with Subject 13a, and our diagnosis for Case 13 is: NPA+ type with ADHD.





